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## Small Sided Drills

Drills featuring a game-like scrimmage element

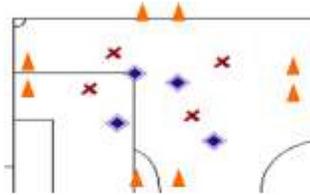
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\*The drills listed here are a small sample of an instantly download Soccer e-book titled [Soccer Season Outsourced](#)



## 4 GOALS

**Overview:** Passing, possession, and movement in all directions.



## Set-up

Split your team into 2 even groups so you can host two games. Each group should then split itself once more into two small teams.

**Variations Passing Requirements:** 4 consecutive passes are required before a goal can be scored in any goal. **Goal variations:** One team can score in one set of goals and the other team must score in the other set. Each time a goal is scored, the goals switch. Makes for a fun time, when teams get mixed up which goal to score in.

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