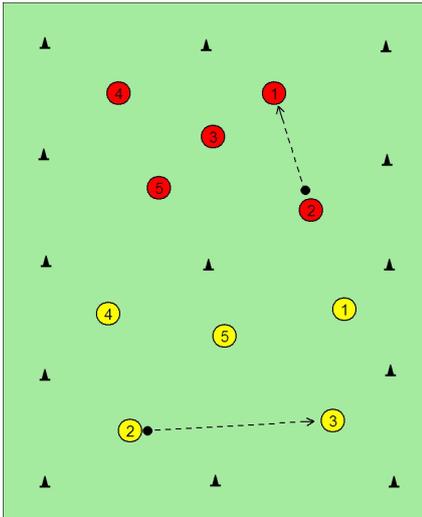


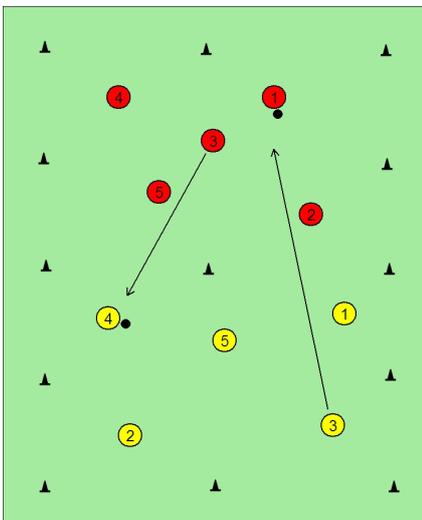


Snatch



How it works

Each team moves around their own square dribbling and passing the ball between each other.



Coach shouts a number and that player must run quickly into opposing team's square and try to win the ball

Set a 20 second time limit for the Snatch to take place.

If the player knocks the ball out of the playing area they score 1 point.

If the player passes or dribbles the ball back into their own team's square they get 3 points.

Play several rounds calling different numbers each time.

Possible changes

If you have a larger group then each team could have two balls to pass

around and keep possession of in their square.

Could also then call more than one number of players to go into opposing team's square to try and Snatch.