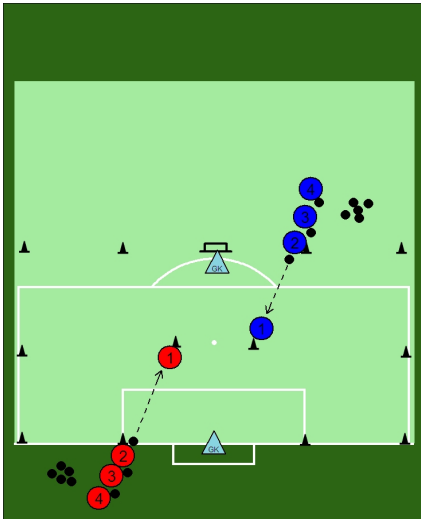




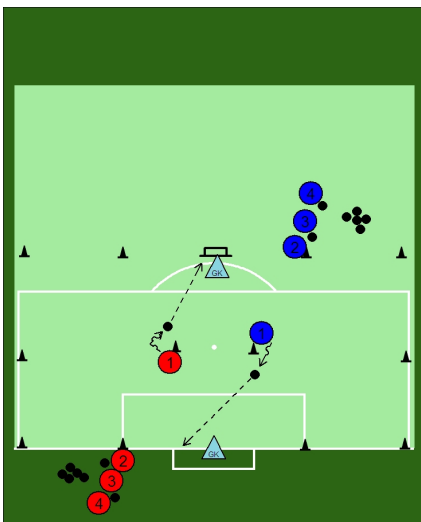
Shootout



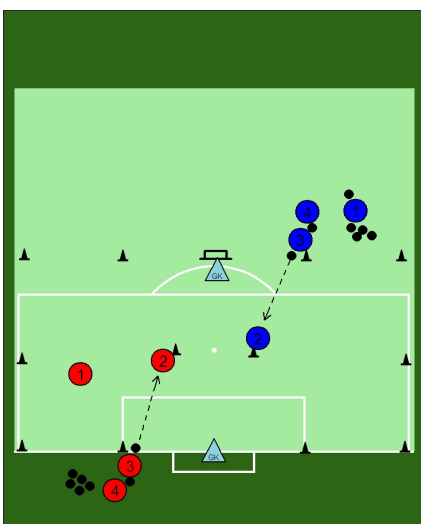
How it works

each player in the line has a ball with a supply of spare balls close by to keep the drill flowing.

On a signal from the coach, both Player 2s pass the ball into the feet of Player 1s.



Player 1s turn and shoot on goal.



As soon as Player 1 has taken the shot, Player 2 moves to the central cone and receives a pass from Player 3 to turn and shoot.

Player 1 returns to the back of the line.

Teams can compete against each other by being the first to score 5/10 goals or by scoring the most goals in a set period of time.

Possible changes

Teams can move to the other side of the goal for another round.

Restrict to one touch to turn and first time shot.

Player 1 makes a move towards Player 2 before turning away towards the goal. Player 2 passes the ball in behind Player 1 for a first time shot on goal.