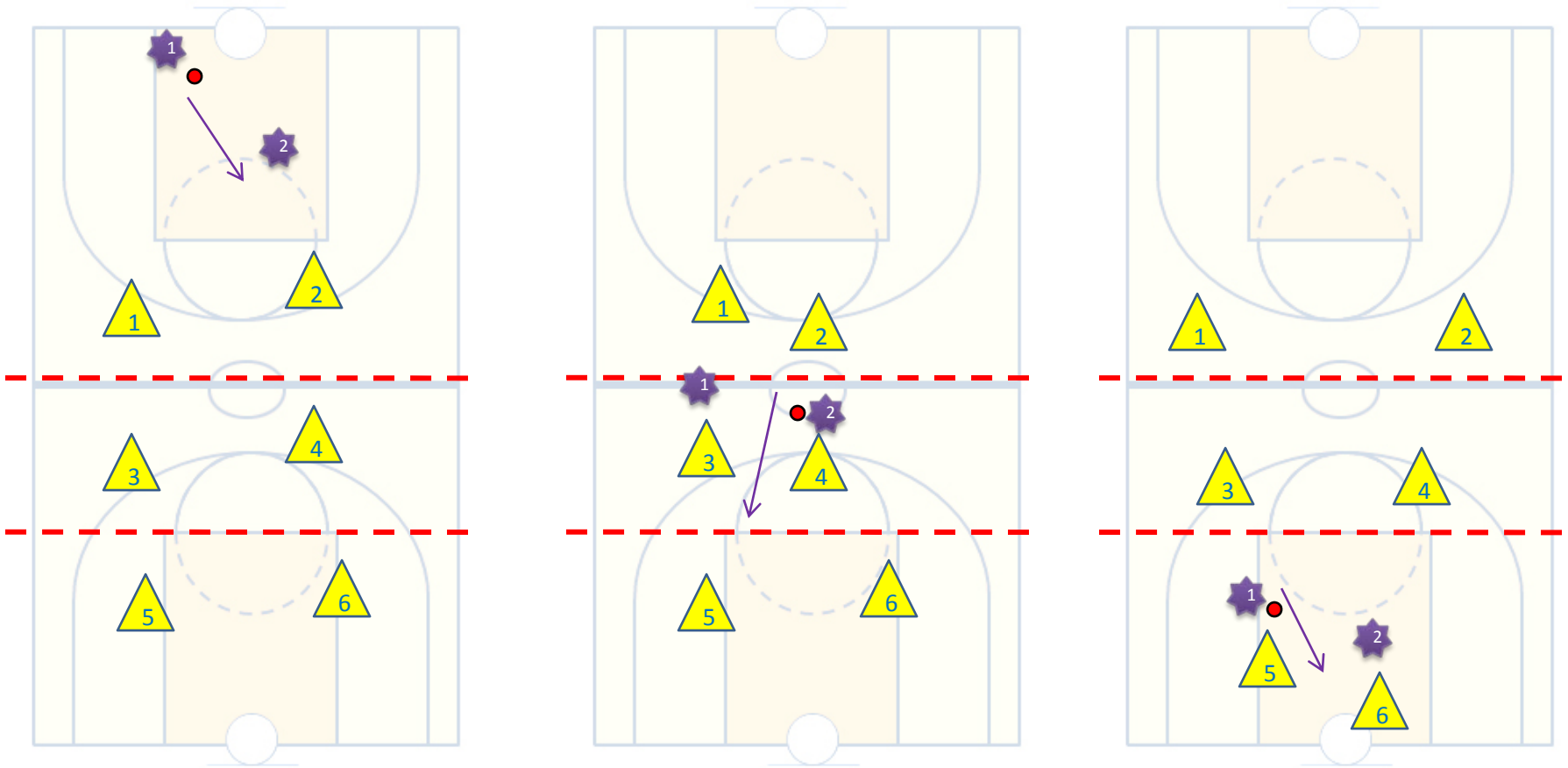


# The Obstacle Course

Two offensive players navigate through six defensive players, two per zone and must stay in their zones.



The offense must pass or dribble and pass to each other to get the ball downcourt and score. You may make the players run this until they score or switch with each defensive stop or turnover. Rotate positions.