



Coach hits a ground ball to SS, SS throws to 3B, 3B throws to C1. Coach hits a ground ball to 2B, 2B throws to 1B, 1B throws to C2. Players rotate as shown.

An alternative way to run the drill:

Coach hits to SS who throws to 1B, 1B throws to C2.

Coach hits to 2B who throws to 3B, 3B throws to C1.

A great drill to practice basic Infield skills: fielding, throwing and catching.

Check out the many drills like this in A Softball Coaches Tool Kit