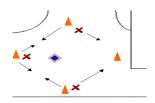
## SoccerDrillBook.com presents:

Your team's success will be directly correlated with how well they pass the ball. Therefore, you should spend a considerable amount of your practice time running drills that work on this extremely important skill. If you are in need of some new passing-heavy soccer drills, here are a few good runs to run at your next practice:

## 4 -CORNERS

**Overview:** Another triangular oriented passing drill.



## Set-up

Form a square, roughly 8 yard by 8 yards. Three players should be on the outside cones with one player on the middle. One cone will be empty.

- **1.** Players on the outside play keep away, and player in the middle tries to steal the ball.
- **2.** Offensive players may only travel on the outside of the square, and only to the open corner.
- 3. Once a turnover occurs (steal or a bad pass) the player responsible goes into the center and plays defense.

**Note:** Run this drill for 15 minutes, allowing everyone to cycle through offense and defense multiple times.



Drills and Practices- A REAL PLAN for training your team



Learn how to <u>manage your soccer team</u> with TeamSnap, or view more <u>soccer drills and tips</u>.