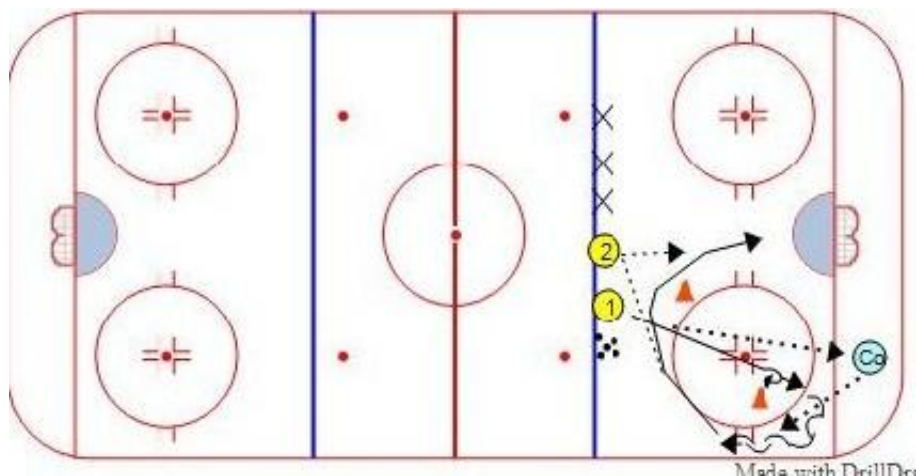


# Wing Breakout Swing

Category: Passing | Drill Level: Beginner



## Key Points

- Facing the Puck
- Breakout Passes
- Passing
- Pivoting

## Description

Player 1 leaves with a puck and passes to Co. Player 1 pivots around the cone being sure to always face the puck. Co gives a return pass to Player 1 as he/she reaches the hash marks. Player 1 pivots forward with the puck and makes a quick pass to Player 2. Player 2 returns the pass to Player 1 as Player 1 rounds the cone for a shot on net.

## Notes

Run drill from both sides