

DESCRIPTION

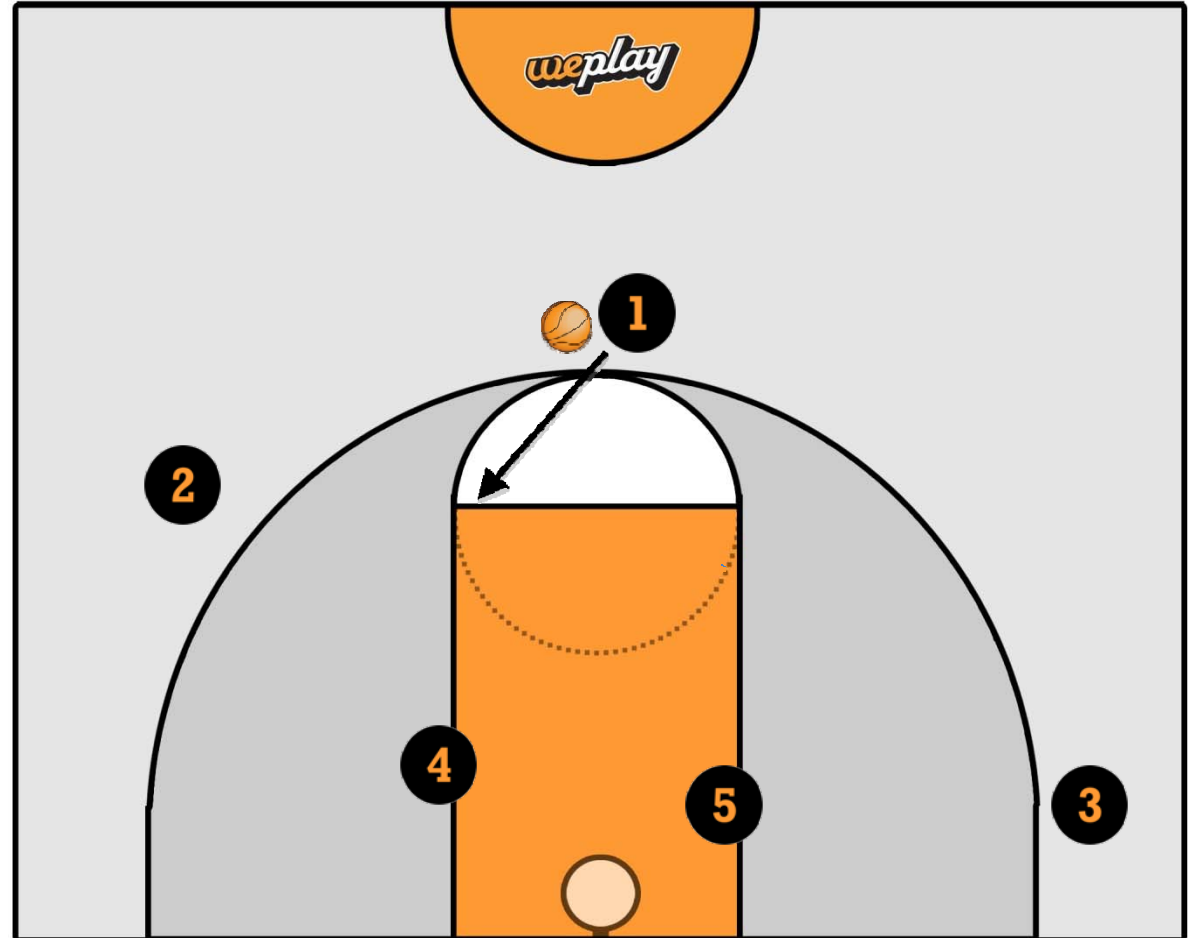
The goal of this post-up play is to get an easy basket from the (5) near the hoop.

1. The play starts with the (1) dribbling to the right elbow.
2. Once there, the (1) passes the ball to the (2) in the wing while the (4) cuts to the left elbow.
3. The (1) sets a screen at the block for the (5) who heads to the opposite block.
4. The (5) should have room to score a wide open layup or turnaround off a lob pass from the (2).
5. If the (5) doesn't happen to be open or in a good position to score, the (2) then has the option to pass to the (1) for an elbow jumpshot.

CATEGORY Offense

PLAY NAME

Post-Up Offensive Pick and Pop Play



DESCRIPTION

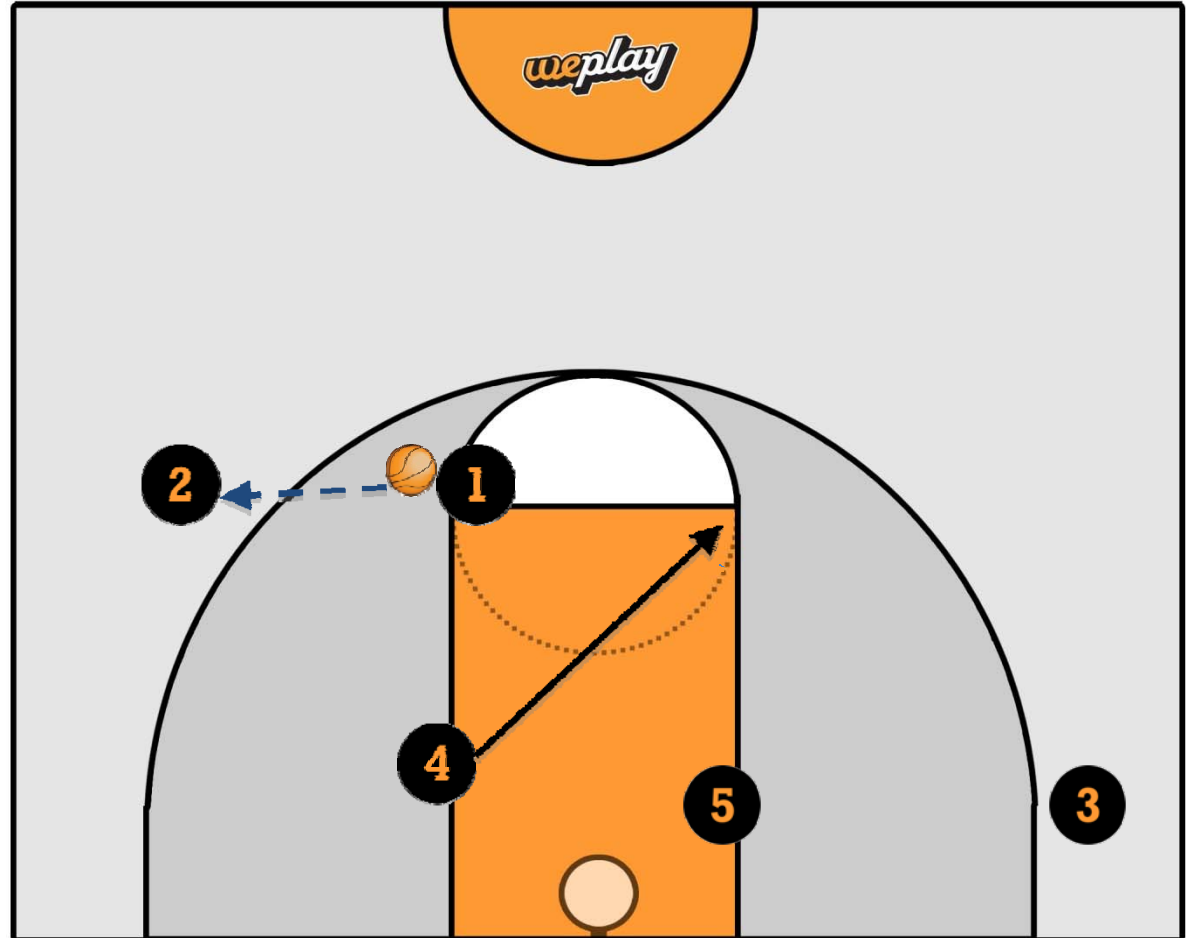
The goal of this post-up play is to get an easy basket from the (5) near the hoop.

1. The play starts with the (1) dribbling to the right elbow.
2. **Once there, the (1) passes the ball to the (2) in the wing while the (4) cuts to the left elbow.**
3. The (1) sets a screen at the block for the (5) who heads to the opposite block.
4. The (5) should have room to score a wide open layup or turnaround off a lob pass from the (2).
5. If the (5) doesn't happen to be open or in a good position to score, the (2) then has the option to pass to the (1) for an elbow jumpshot.

CATEGORY Offense

PLAY NAME

Post-Up Offensive Pick and Pop Play



DESCRIPTION

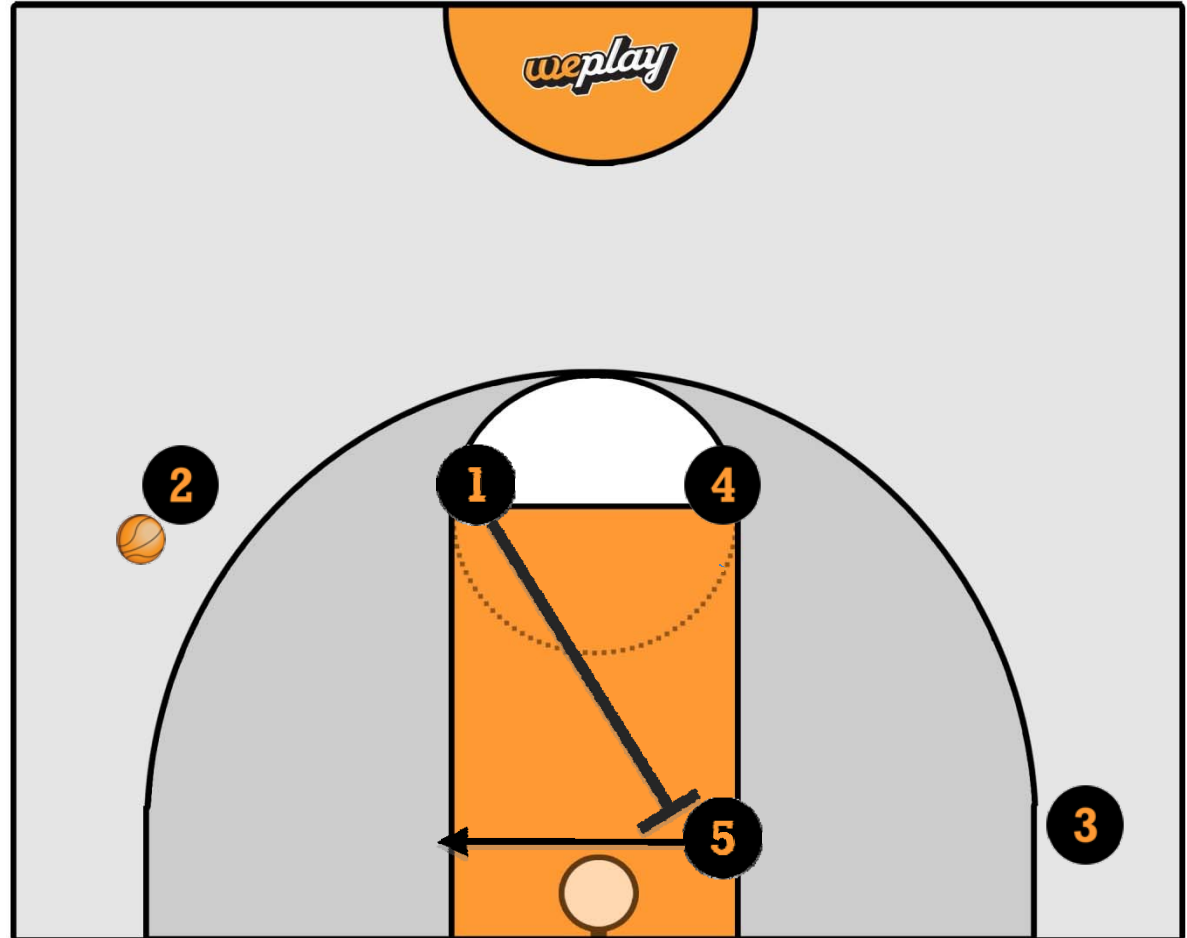
The goal of this post-up play is to get an easy basket from the (5) near the hoop.

1. The play starts with the (1) dribbling to the right elbow.
2. Once there, the (1) passes the ball to the (2) in the wing while the (4) cuts to the left elbow.
3. **The (1) sets a screen at the block for the (5) who heads to the opposite block.**
4. The (5) should have room to score a wide open layup or turnaround off a lob pass from the (2).
5. If the (5) doesn't happen to be open or in a good position to score, the (2) then has the option to pass to the (1) for an elbow jumpshot.

CATEGORY Offense

PLAY NAME

Post-Up Offensive Pick and Pop Play



DESCRIPTION

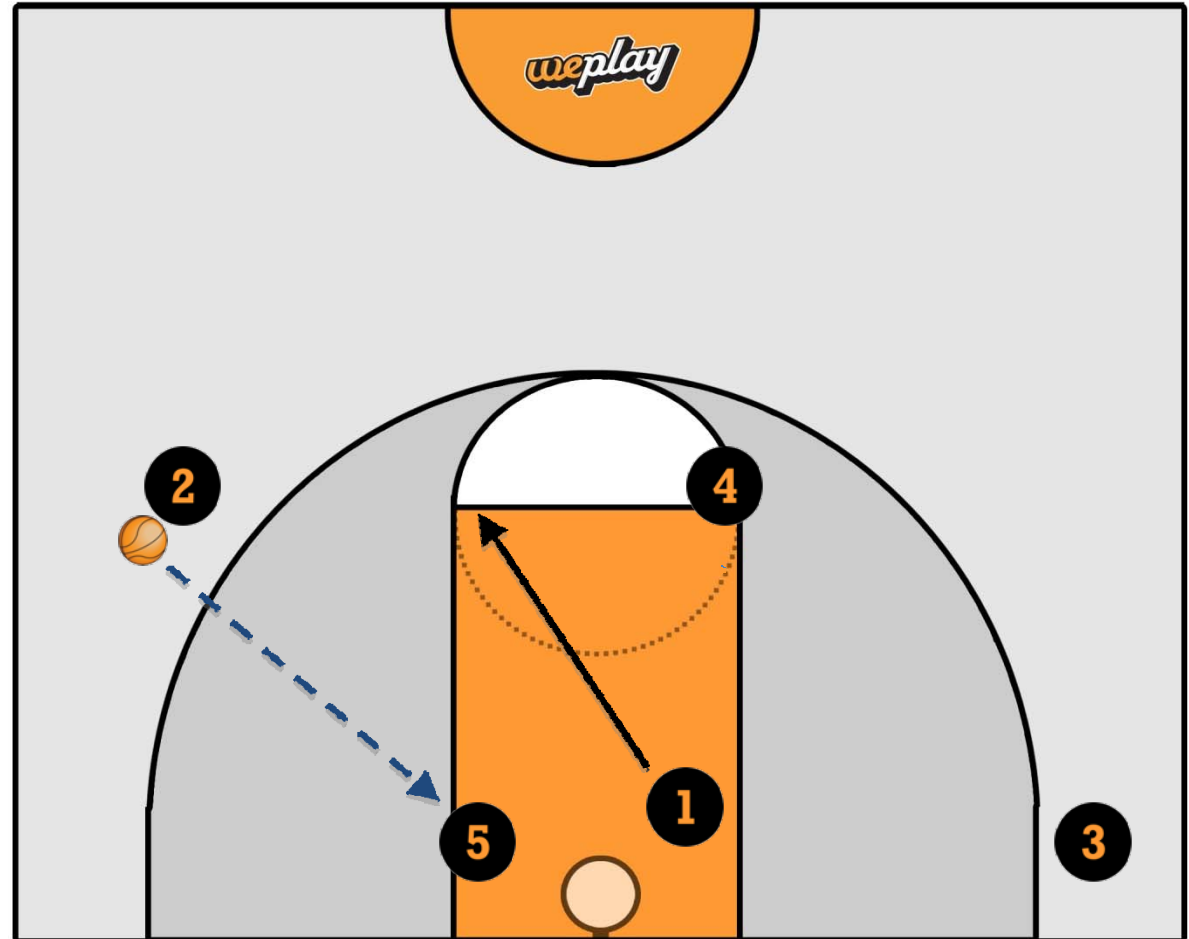
The goal of this post-up play is to get an easy basket from the (5) near the hoop.

1. The play starts with the (1) dribbling to the right elbow.
2. Once there, the (1) passes the ball to the (2) in the wing while the (4) cuts to the left elbow.
3. The (1) sets a screen at the block for the (5) who heads to the opposite block.
4. **The (5) should have room to score a wide open layup or turnaround off a lob pass from the (2).**
5. If the (5) doesn't happen to be open or in a good position to score, the (2) then has the option to pass to the (1) who popped off the screen for an elbow jumpshot.

CATEGORY Offense

PLAY NAME

Post-Up Offensive Pick and Pop Play



DESCRIPTION

The goal of this post-up play is to get an easy basket from the (5) near the hoop.

1. The play starts with the (1) dribbling to the right elbow.
2. Once there, the (1) passes the ball to the (2) in the wing while the (4) cuts to the left elbow .
3. The (1) sets a screen at the block for the (5) who heads to the opposite block.
4. The (5) should have room to score a wide open layup or turnaround off a lob pass from the (2).
5. If the (5) doesn't happen to be open or in a good position to score, the (2) then has the option to pass to the (1) who popped off the screen for an elbow jumpshot

CATEGORY Offense

PLAY NAME

Post-Up Offensive Pick and Pop Play

