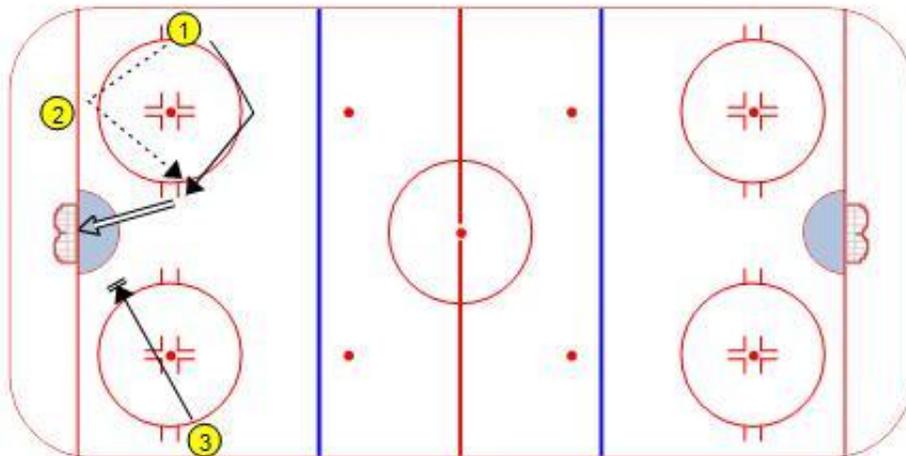


Pepper Drive

Category: Shooting | Drill Level: Intermediate



Key Points

- Give & Go
- Driving the Net
- Rebounds
- Quick Shot Release

Description

1 begins by passing puck to 2 and cutting around the top of the circle. 2 quickly returns the pass to one for a one-timer. 3 drives the net hard for a rebound.