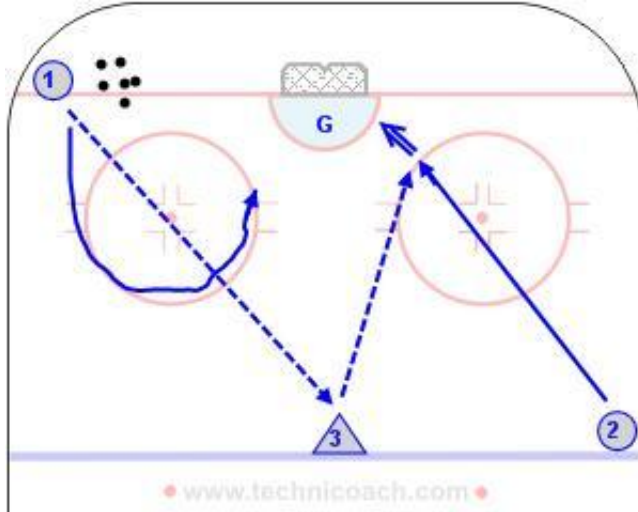


Net Drive

Category: Shooting | Drill Level: Intermediate



Key Points

- Driving Net
- Timing
- Shot Faking

Description

- 1) 1 passes to D (3) and curls around top of circle then crashes net
- 2) 2 heads to the near post
- 3) D puts a slapshot/pass on the stick of 2 for a deflection toward net
- 4) 1 and 2 play rebounds

Notes

Focus on D making a HARD pass/shot and also not telegraphing his/her play. Once players have gotten the hang of the drill, progress to letting the D read the goalie and make the appropriate play (puck to 2, puck to 1, or shoot puck).

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