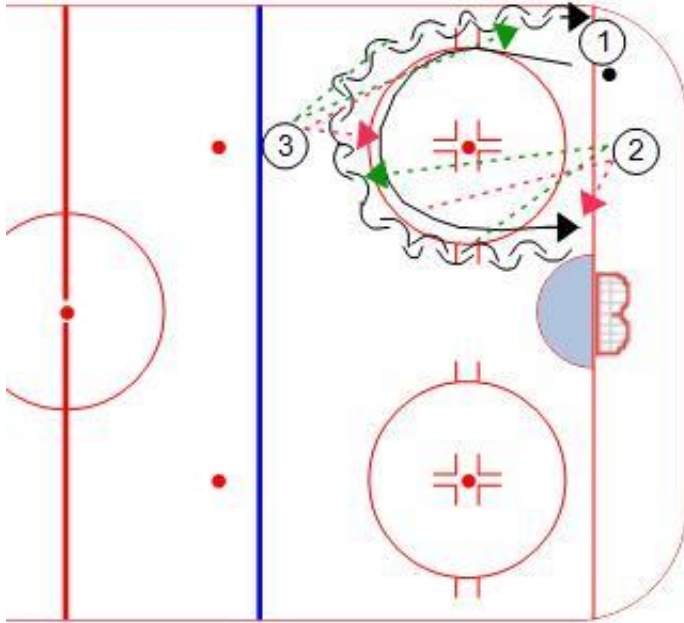


# Agility Passing

Category: Passing | Drill Level: Intermediate



## Key Points

- Passing and Receiving
- Agility
- Being Ready for a Pass
- Transitions

## Description

1 starts with a puck and skates around the circle. 1 passes to 3, gets a pass back, then passes to 2 and gets a pass back. When 1 reaches the goal line, he/she pivots backwards and returns around the circle passing to both 2 and 3 on the way back.

Learn how to [manage your hockey team](#) with TeamSnap or [view more hockey skills and drills](#).