SoccerDrillBook.com presents:

Small Sided Drills

Drills featuring a game-like scrimmage element

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*The drill listed below is a small sample of an instantly download Soccer e-book titled **Soccer Season Outsourced**



3V3, 4V4, 5V5 etc.

Overview: The most basic of all small-sided games.



(two separate games are pictured)

Set-up

Set up a small field with small goals. Host as many fields as you require given the amount of players you have at practice. Two fields are pictured on the diagram.

1. 3v3 Scrimmage

Notes: No Goal Tending!

Variations Touches: Limit the number of touches. If a player touches the ball too many times, the ball is turned over. **Passes:** X passes before a shot can occur. **Player Requirements:** Each player must touch the ball before a goal can be scored.

Adding Players: Add someone as all time offense so the offense always has an advantage

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