

1-4 High Screener

(Level – Beginners and up)



Learn how to [manage your basketball team](#) with TeamSnap, or view more [basketball drills and tips](#).

Summary

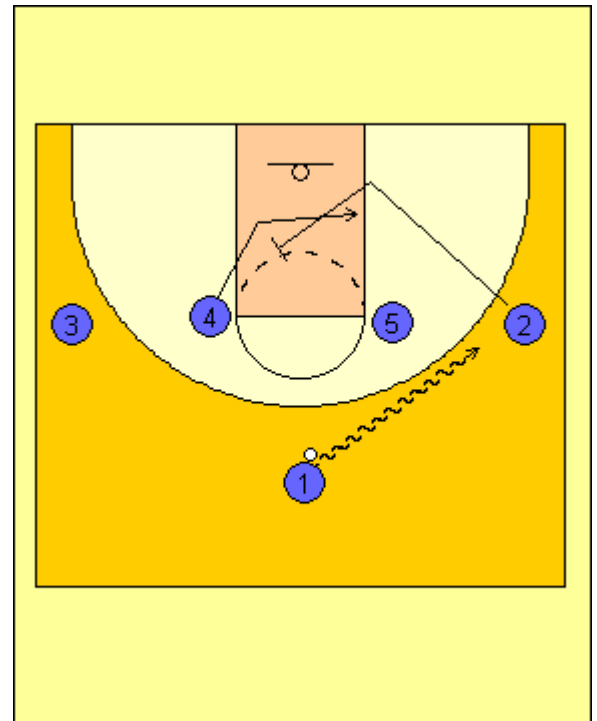
This is a simple youth play that involves a couple screens that will open up a shot close to the basket. If that's not open, your best shooter will get an opportunity to knock down a shot.

Personnel

Player 2 should be a good shooter. Player 1 should be a good ball handler and an outside threat. Player 4 should be able to finish near the hoop.

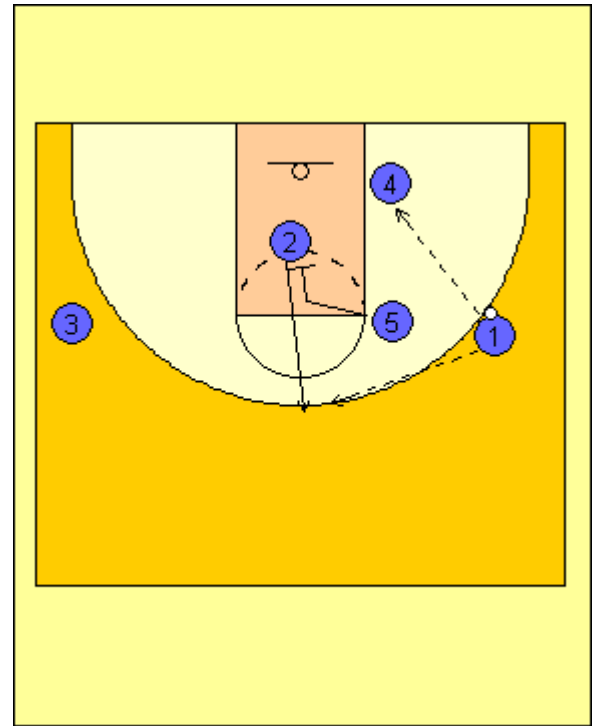
Instructions:

1. Player 1 dribbles to the right wing.
2. As soon as Player 1 starts dribbling towards the wing, Player 2 cuts through the lane and sets a back screen for Player 4. Player 4 jabs away from the screen to set their man up for the screen then goes straight to the ball side block.



3. Player 1's first option is to pass the ball to Player 4 on the block.
4. After 4 runs to the block, Player 5 goes into the lane and set a screen for Player 2. Player 2 goes to the top of the key. Player 1's other option is to pass the ball to Player 2 after they come off the screen.

For youth players, Player 2 does not need to go much past the free throw line. Player 5 also should set the screen a little closer to the hoop.



5. If neither one of those options is open, Player 1 can shoot, dribble drive, or pass the ball to Player 5 who should flash to the ball after Player 2 clears the screen.

