



# Practice Builder



Team: \_\_\_\_\_

Date: \_\_\_\_\_

## Tactical Drill

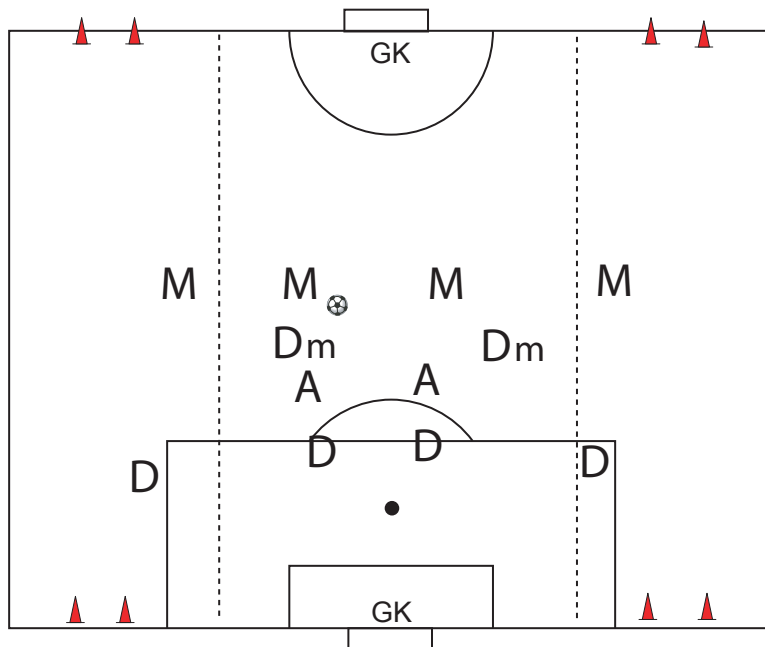
Things to observe: \_\_\_\_\_

\_\_\_\_\_

Notes: \_\_\_\_\_

\_\_\_\_\_

### Tactical Focus #3: 4+2 v. 2+4 (25min)



4 midfielders (M) and 2 attackers (A) play v. 4 defenders (D) and 2 defending midf.(Dm).

Field is divided into 3 zones. Goals scored into regular goals = 1p

Goals scored into wide goals while a defender is trapped in far zone = 2pts.