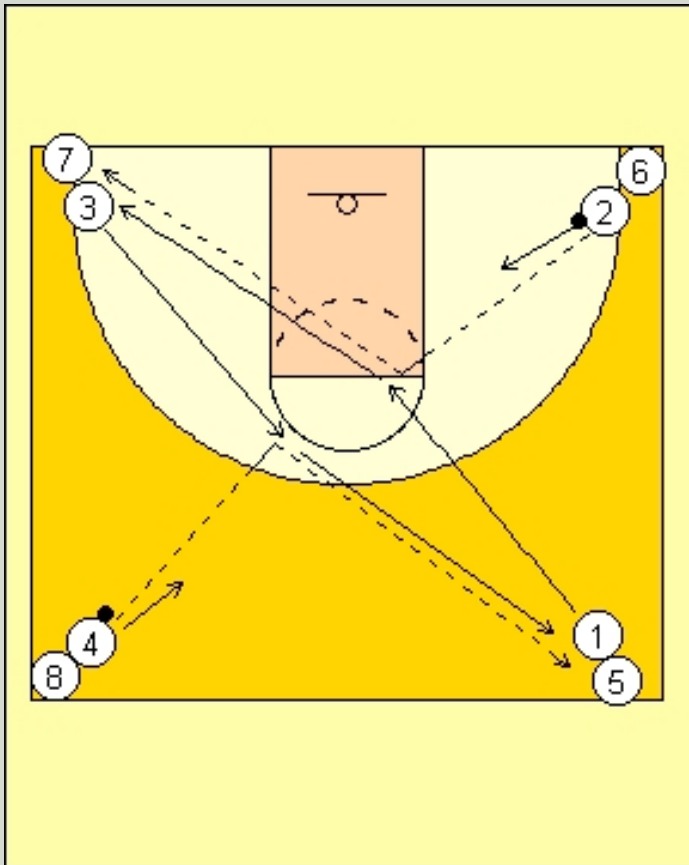


## 4 CORNER PASSING

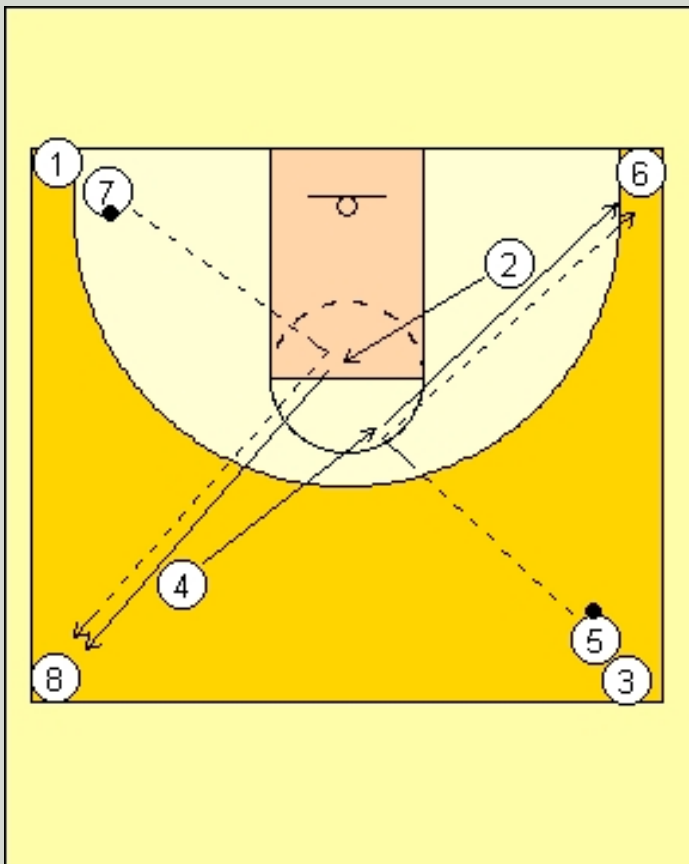


### **Setup:**

This is a half-court passing drill. You need at least 8 players and 2 basketballs. Fill the 4 corners of the half-court and ensure even distribution. The balls are in opposite corners.

### **Execution:**

- (1) Players must start and operate simultaneously.
- (2) The players in the corners without a ball (① & ③) start cutting diagonally, they receive a pass from the right (from ② & ④) and they pass it on in the direction of their movement.
- (3) ② & ④ now without a basketball will start moving diagonally, receiving from the right and passing it on in the direction of their movement.
- (4) Continue this pattern until an error occurs.



### **Purpose / Objectives:**

- (1) Passing and catching on the move
- (2) Cut Timing
- (3) Communication
- (4) Concentration
- (5) Vary passes: Chest pass, bounce pass, 1-handed push pass

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