

DESCRIPTION

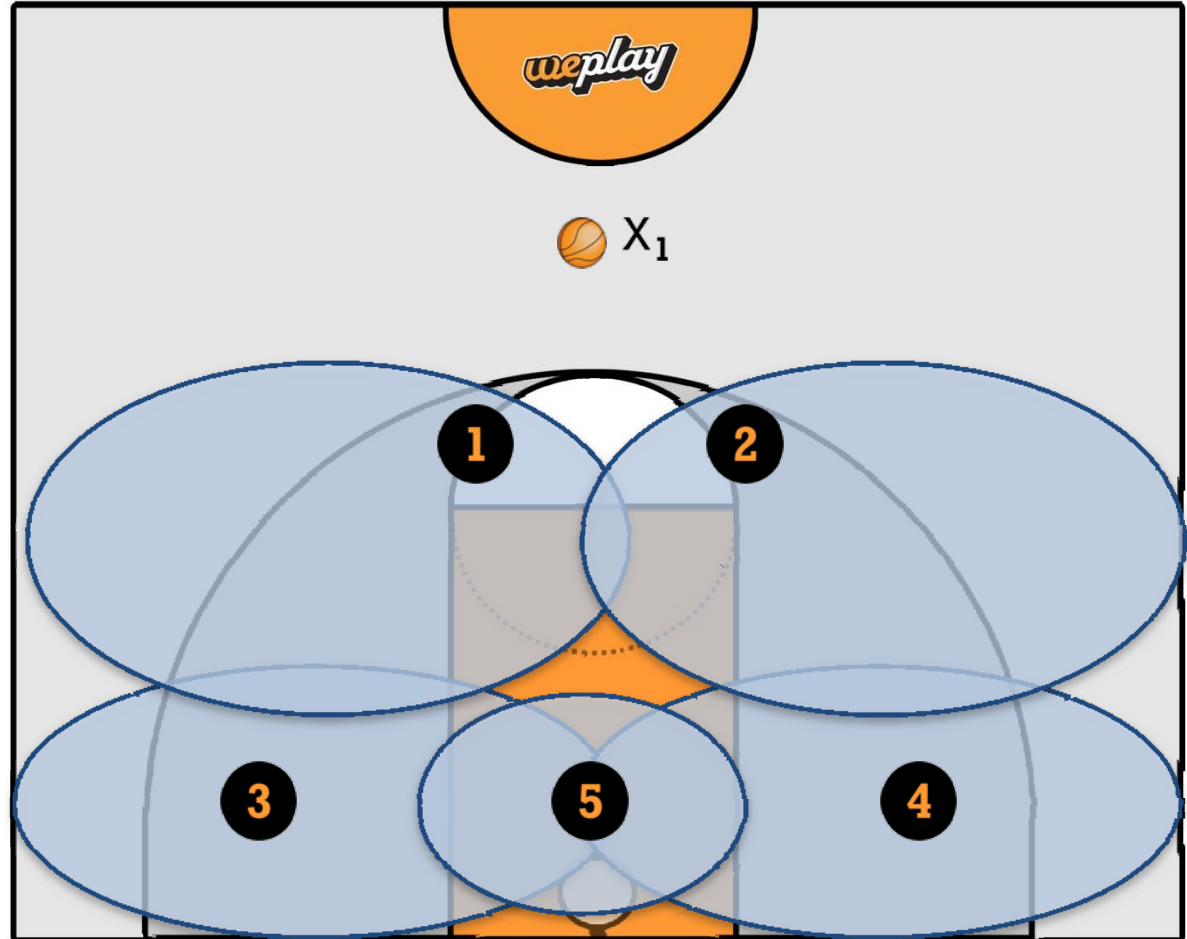
The 2-3 zone is intended to be used to guard a team that lacks great shooters and primarily dribbles the ball. The zone forces them to pass the ball and shoot a jumper.

1. The two guards, (1) and (2), are responsible to defend the area from the top of the key, to the sideline, to the middle of the key.
2. The forwards, (3) and (4), must guard from their respective block to the sideline to the middle of the key.
3. The (5) must defend virtually the entire paint from block to block and middle.

Everyone shifts within their area as dictated by where the ball and the offense are. Trap whenever possible.

CATEGORY Defense

PLAY NAME 2-3 Zone Defensive Play



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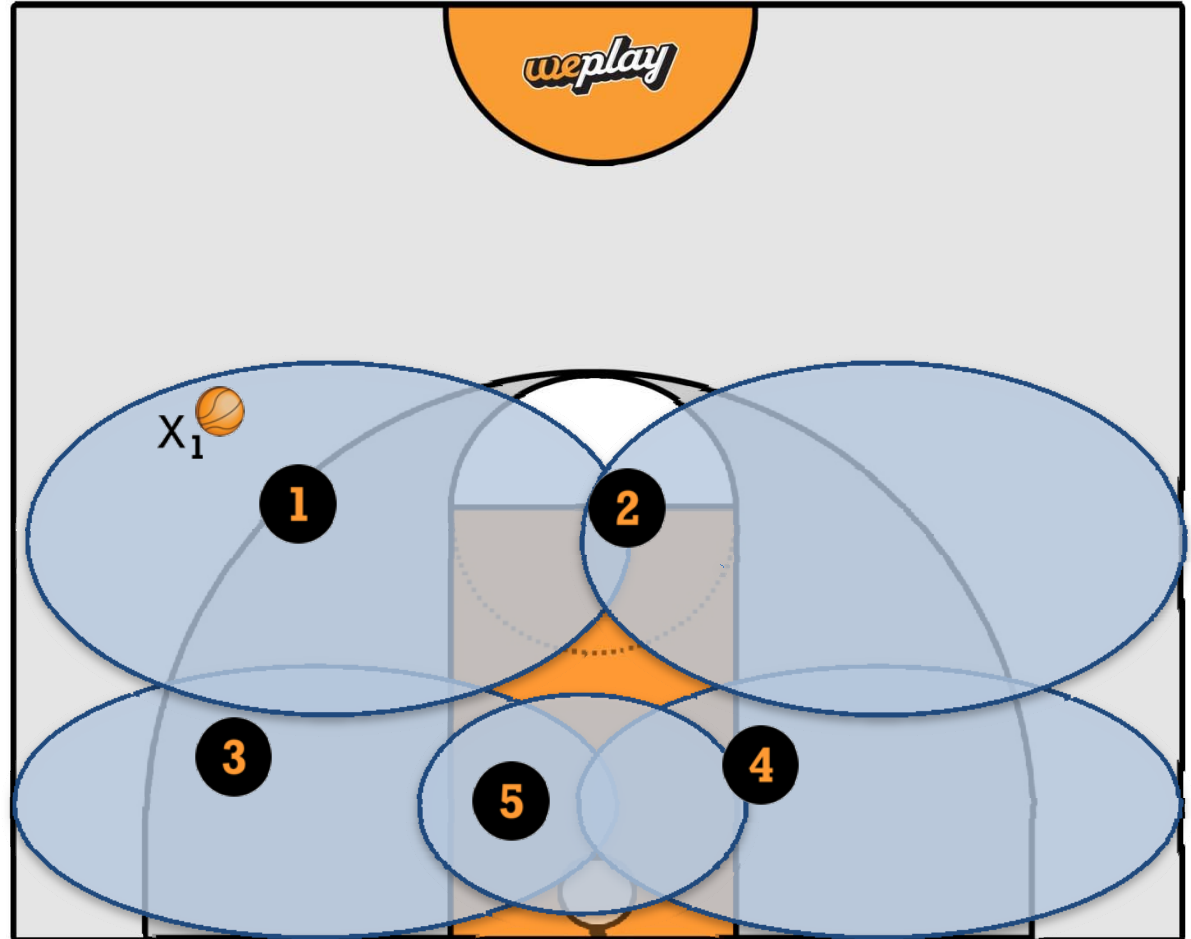
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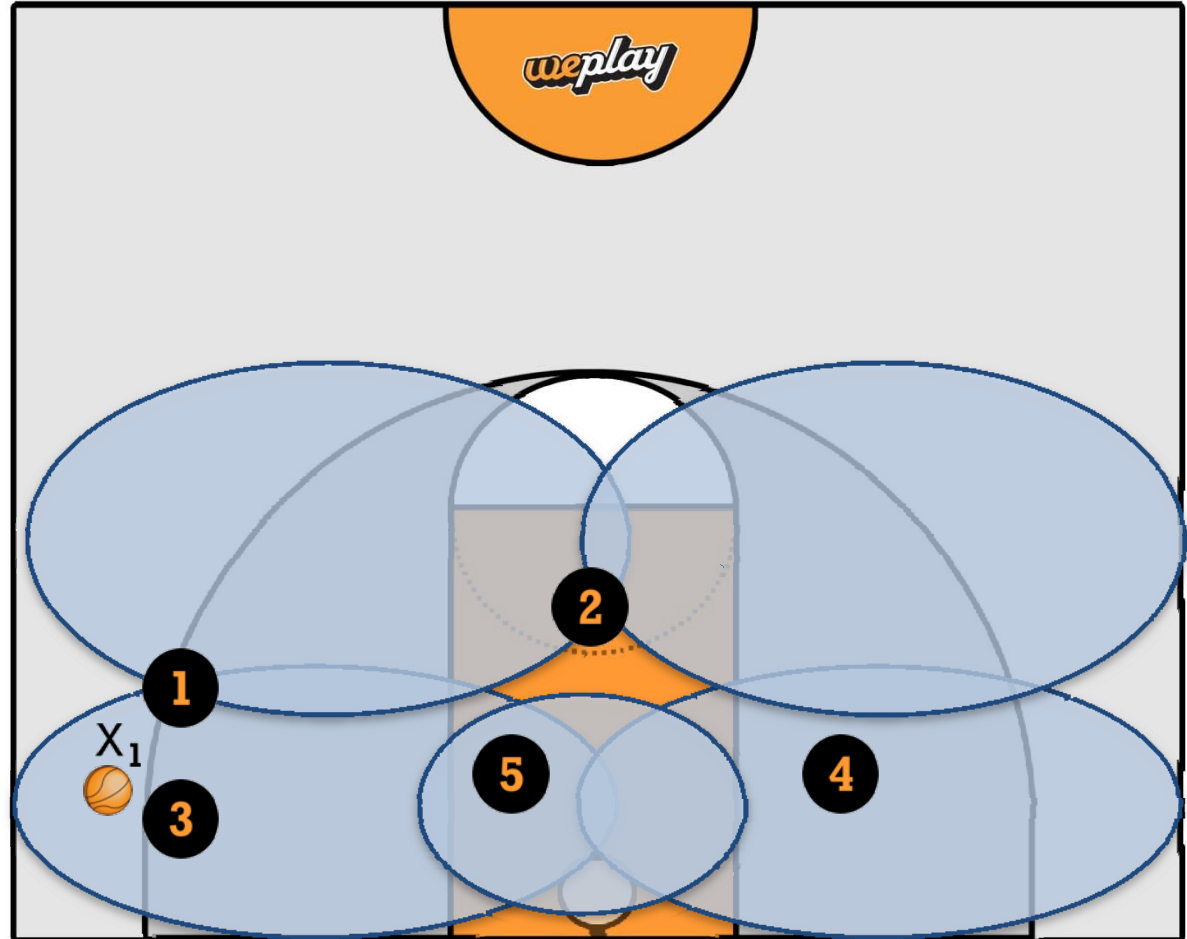
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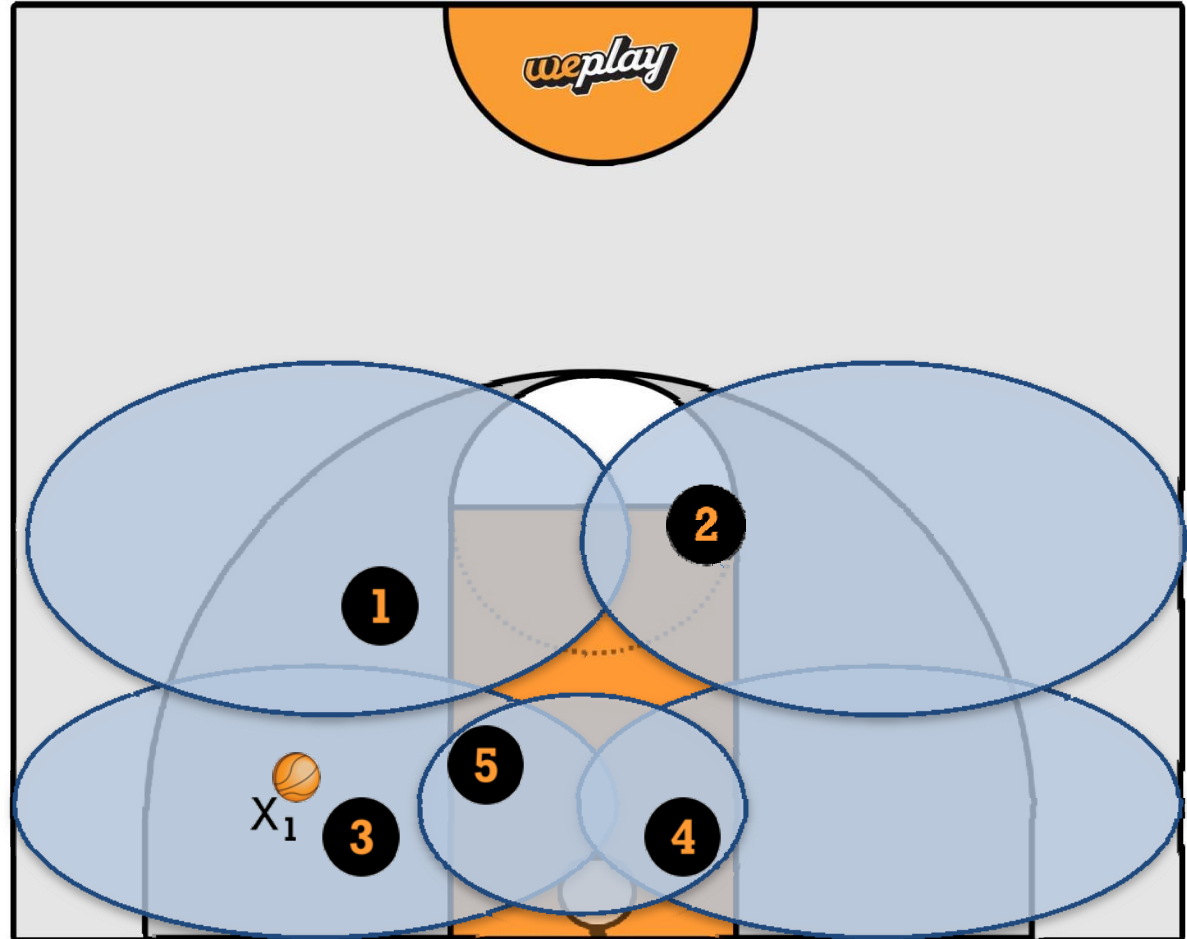
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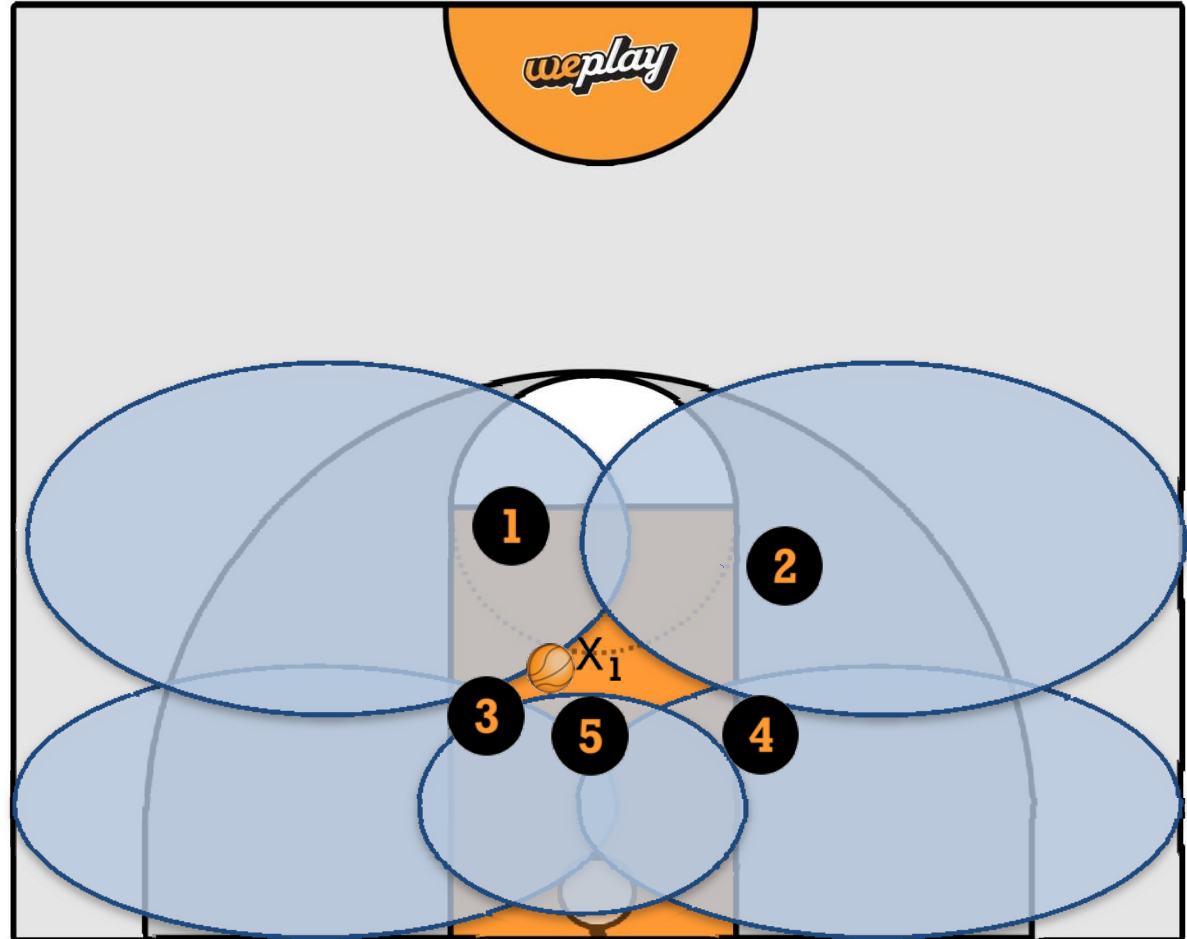
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