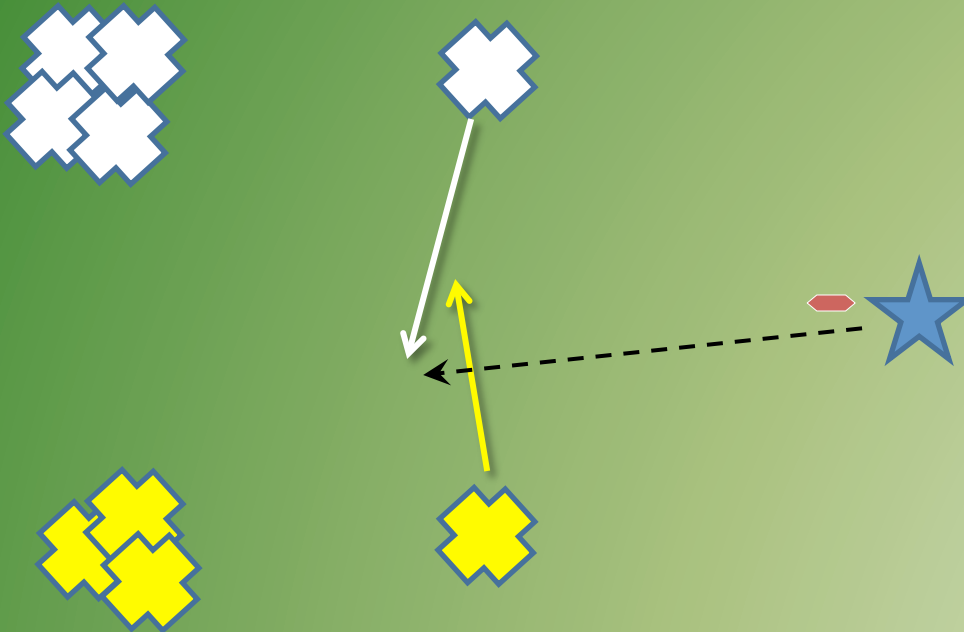


Crossing Drill

Teaching wide receivers to concentrate on the football while having their vision obstructed



Set Up

Divide the receivers into two groups facing each other on a selected line of scrimmage.

Execution

One receiver will run across the field behind the defensive man crossing from the opposite direction.

The quarterback or coach will throw the ball to a point where the two players are about to cross.

Instruct the defender to wave his arms and try to distract the receiver.