Box

(Level – Intermediate and up)



Learn how to manage your basketball team with TeamSnap, or view more basketball drills and tips.

Summary

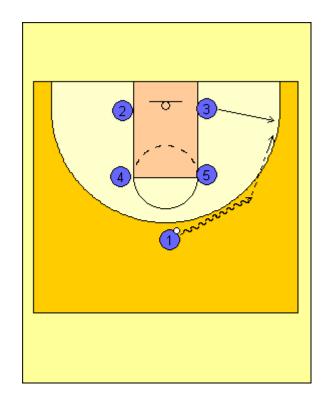
This play is great because you have multiple options: an easy inside score, dribble penetration off a screen, mid-range shot, or a 3-point shot.

Personnel

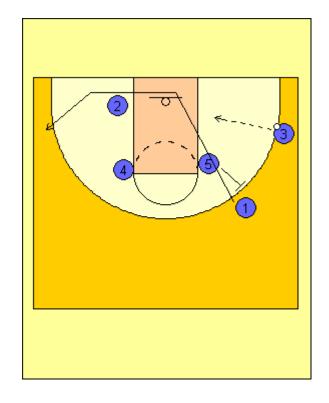
Player 3 should be a slasher that can go all the way to the hoop or pull up for a jump shot. Player 5 should be a post player. Player 2 should be one of your good shooters.

Instructions:

- 1. Player 1 dribbles to the wing.
- 2. When Player 1 reaches the wing area, Player 3 goes to the corner. Player 1 passes the ball to Player 3.



- 3. After the pass, Player 5 goes to wing to set a backscreen for Player 1. On the back screen, it's very important that Player 5 gives the defensive player one step. Otherwise, it is an illegal screen.
- 4. Player 3 looks to pass to Player 1 if it is open. If it is not there, Player 1 clears out to the opposite wing.



- 5. After Player 1 reaches the low post area, Player 5 will go set a screen for Player 3. Player 3 looks to dribble drive or pull up for short jump shot. After Player 5 sets the screen, they look to roll to the basket.
- 6. As Player 5 is going to set the screen, Player 4 sets a down screen for Player 2. Player 2 takes a step into the lane before the screen arrives to set up their defender for the screen.
- 7. If Player 3 does not have an open shot or a pass to Player 5 rolling to the basket, he/she should look for Player 2 for an open outside shot.

